

Best practices to get success in examinations

Why does one need a study plan?

A study plan is important and unique to every candidate to understand yourself and a study plan as it will help you in various ways, some of which are enlisted below:

A study plan is an effective way to help you navigate through the examination syllabus in an organized way. While every candidate develops a different study plan; there is no same study plan for everyone. You can spend less time studying if you do it correctly.

An effective Study Plan for Competitive Exams:

Set a consistent time and space to study

Practice deep work

Use social media only when required

Switch off your notifications

Isolate yourself

Avoid any distractions

Enough sleep and healthy eating

Do not be afraid of failures

Set a target in your mind

Have a schedule:

The first step of having a plan is to make a schedule. The schedule must not only be about the task in hand but must also include all your daily chores. So to make a schedule follow the below steps:

1) Write down all your daily chores like eating, sleeping, bathing, and washroom time, running, walking, talking everything to the smallest detail.

Step 2: List down the task that you have in hand which will include the subjects you have to study, any tests that you have to give, revision, classes that you may have to attend, any meeting or official work you have work and the rest.

Step 3: List down any extra work or hobbies that you like to pursue in the day like reading, playing, sports/gymining or anything of your choice

Step 4: Write down how you plan your day right now and everything that you day on a normal day.

Step 5: Make a list of all the subjects that you have to study or just keep the examination syllabus in front of you

Understand the Syllabus:

It is the first part of any exercise – understanding the whole of it. Departmental examination has a defined syllabus along with the previous year papers to refer to for exam pattern and difficulty level. First, go through the notification of the examination and then go through the past year's papers so that you can get to know what you are getting into

Fix weekly targets and achieve

If you are studying on your own, you need to have to fix your targets and achieve them. However, make sure that you have small and achievable targets. I suggest you make weekly targets and try to achieve

them and calculate your success rate every week, make sure no need to worry if you are reaching 80-90% but try to make it 90.

Be Positive & Confident

It is very important to remain positive all the time in order to achieve success. Prepare well and practice well. Do not overthink the result. If you enjoy the preparation phase, cracking the examination will be a cakewalk for you.

It is very important to study when you feel comfortable. If you are an early bird, study in the morning and if you love burning midnight oil, just go ahead with it without paying much heed to others.

Refer standard Study Material

It is very important that you focus on quality rather than quantity. Pick up a standard book/materials and most importantly circulars and guidelines issued by the directorate on regular basis and go through it multiple times. It will clarify the concept for you.

Please understand that latest exam is a test of your application of knowledge and not theory. Read and understand so that you can apply properly. The application is the most important aspect of your preparation.

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